



**Part # 12150210 - 2005 up Mustang HQ CoilOver System**

**Recommended Tools**

**Front Components:**

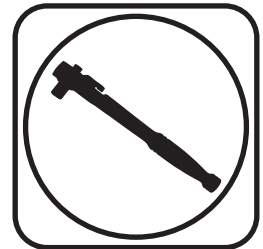
12153110 Front CoilOver Strut Instructions

**Rear Components:**

12156110 Rear Coilover Instructions

**Miscellaneous Components:**

85000000 Spanner Wrench



# 2005 up Mustang HQ Coilover Installation Instructions

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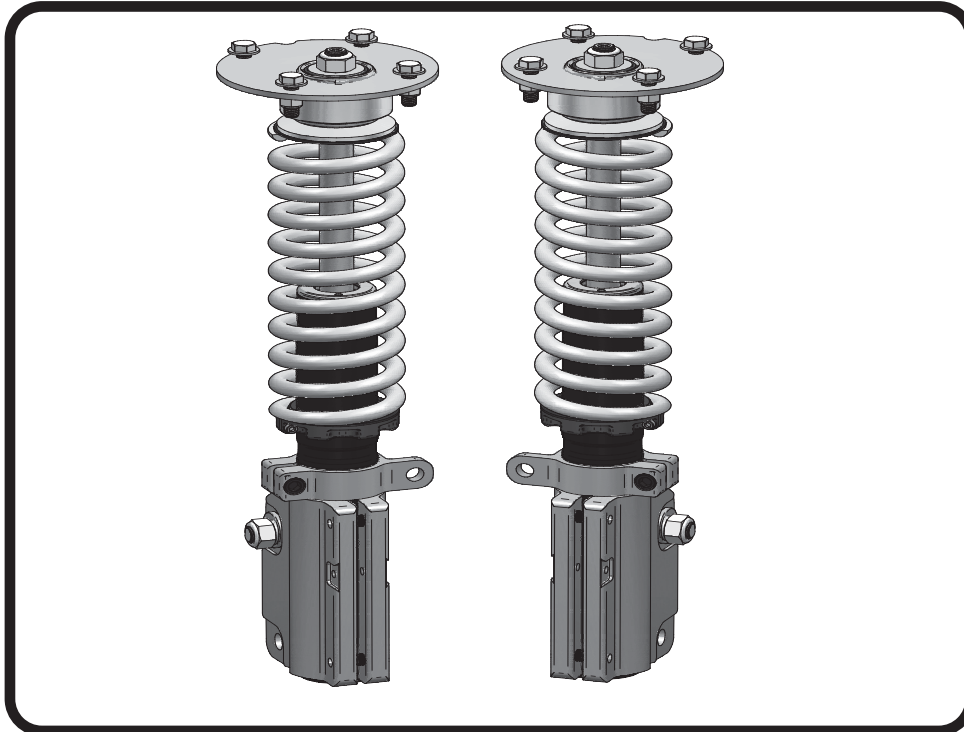
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Pages 9-17..... Rear CoilOvers

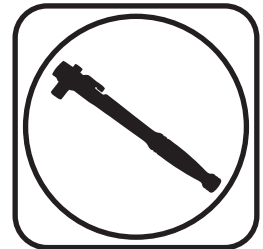




**Part # 12153110 - 2005 - 2014 Mustang HQ CoilOver**



Recommended Tools



## 2005-2014 Mustang Front HQ CoilOver Strut Installation Instructions

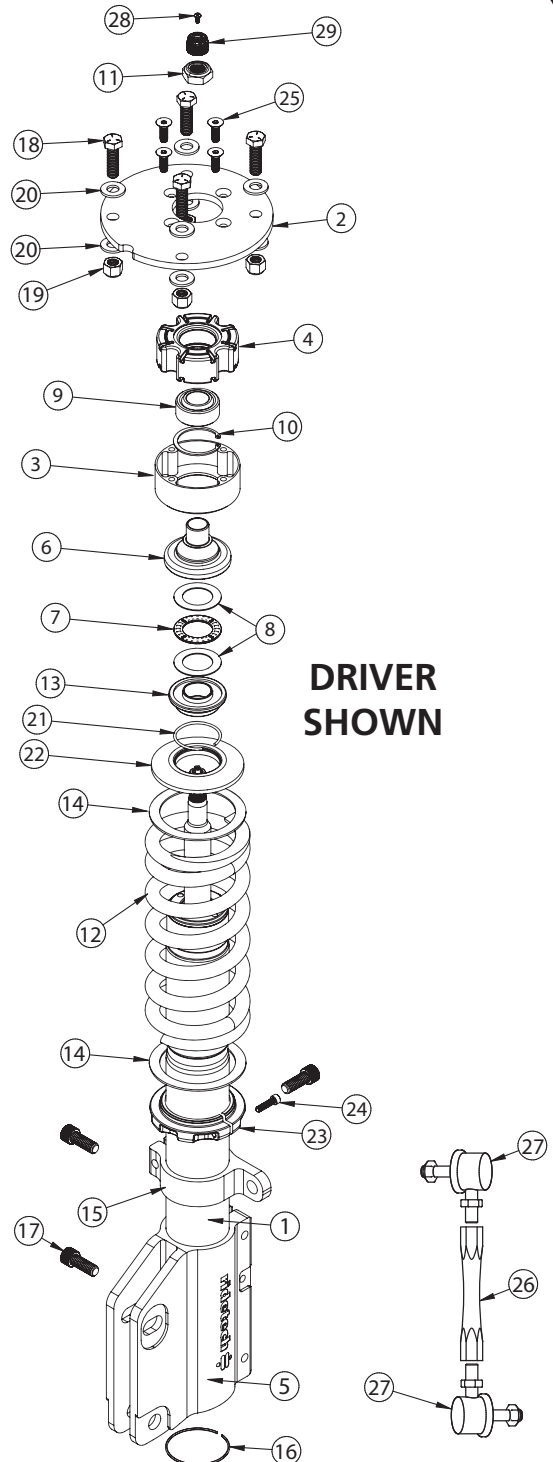
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- Page 5..... Assembly
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- Page 7..... Strut Adjustment



### Included Components .....In the box

Item #	Part #	Description	QTY
1	986-10-055	Strut Cartridge	2
2	90003614	Upper Mounting Plate	2
3	90003590	Isolator Retaing Ring	2
4	70016907	Strut Mount Rubber Isolator	2
5	70010943	Lower Strut Mount	2
6	90002368	Thrust Bearing Adapter	2
7	70010987	Thrust Bearing	2
8	70010988	Thrust Bearing Washer	4
9	90001042	Upper Mount Bearing	2
10	90000805	Upper Bearing Snap Ring	2
11	99562003	9/16"-18 Nylok Nut	2
12	59100325	10" 325lb CoilSpring	2
13	90002365	CoilSpring to Bearing Adpater	2
14	70010828	Delrin Washer	4
15	90002372	Sway Bar Link Mount	2
16	038-01-035	Strut Retaining Ring	2
17	99371042	3/8"-16 x 1" SHCS	6
18	99371004	3/8"-16 x 1 1/4" Hex Bolt	8
19	99372002	3/8'-16 Nylok Nut	8
20	99373003	3/8" Flatwasher	16
21	038-01-00-A	CoilSpring Cap Retaining Ring	2
22	234-14-200	CoilSpring Cap	2
23	234-15-200	CoilSpring Adjuster Nut	2
24	99050001	Adjuster Nut Locking Screw	2
25	72000008	1/4"-20 x 3/4" FHSC (Not Shown)	8
26	90000695	Posilink Spacer (Not Shown)	2
27	90002573	12mm 90 Degree PosiLink	4
28	90009969	Adjuster know retaining screw	2
29	210-35-120-0	Rebound Adjustment Knob	2
	90000803	Eccentric Bolt	2
	99433002	7/16" SAE Flat Washer	8



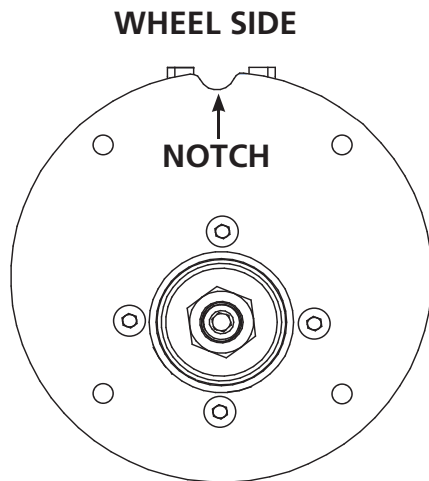


### Disassembly

1. Remove the front struts by first disconnecting the ABS wire and brake line (retain hardware) from the factory strut.
2. Disconnect the swaybar linkage from the strut and swaybar this will be replaced with new linkage.
3. Support the front hub and control arm assembly and remove the (2) struts bolts (retain hardware) that attach the strut to the spindle.
4. Remove the (4) nuts holding the upper strut mount to the car body. **DO NOT REMOVE THE CENTER NUT.**
5. Remove strut assembly from the car.

### Getting Started

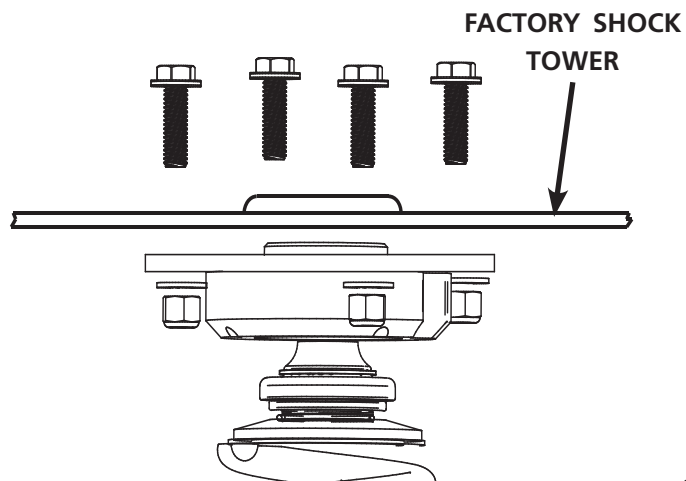
6.



6. The upper strut mount provided in this kit has is designed to aid in tire clearance. The notch on the upper mount is positioned towards the wheel of the car.

**NOTE: The Struts are Driver and Passenger, the sway bar mount points to the rear of the car.**

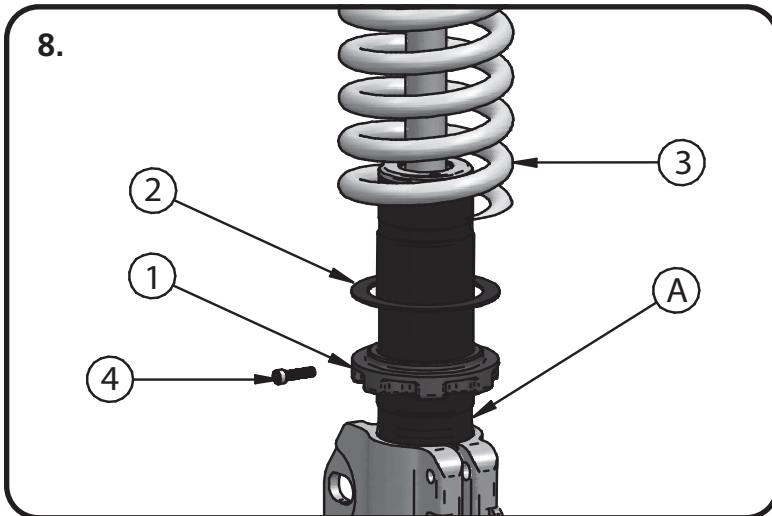
7.



7. Bolt the upper mount into the car positioning it to the inside of the car. The camber adjustment will be done on the bottom of the strut using the supplied camber bolt. The plate gets bolted in from the bottom side of the strut tower using (4) 3/8"-16 x 1 1/4" bolts. Install a 3/8" washer on the top and bottom and secure it with (4) 3/8" 16 Nylok Nuts. Tighten all (4) down.



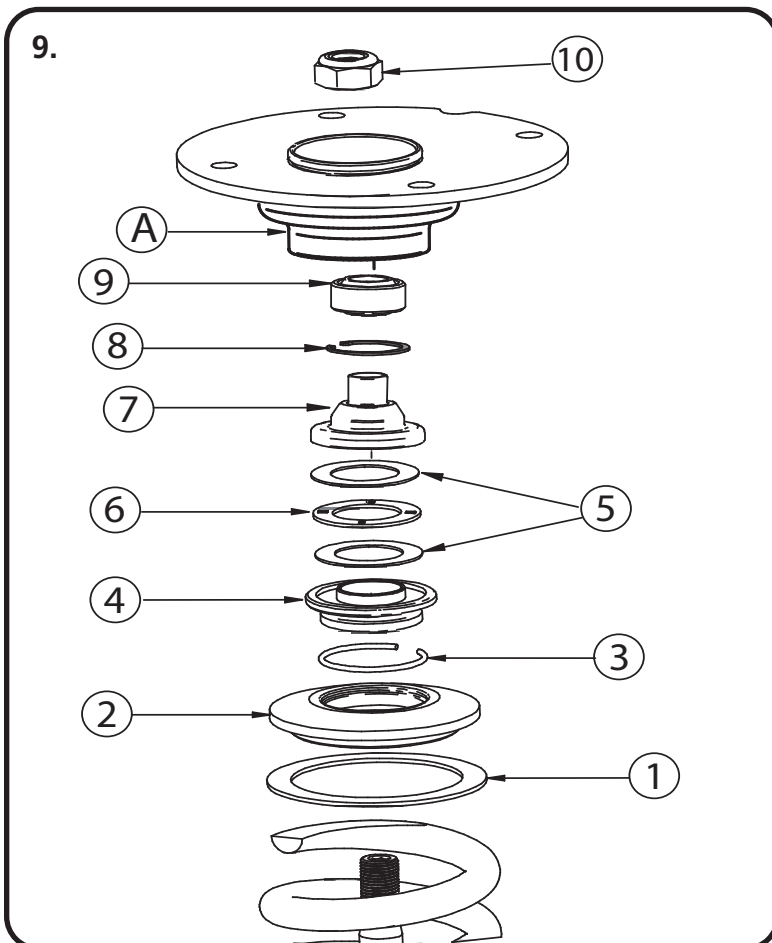
### Strut Assembly



8. The Strut comes preassembled, but if you need to disassemble it, refer to Figure 8 & 9 for assembly order. Install the CoilSpring on to the Strut (A) according to Diagram #8.

1. CoilSpring Adjuster Nut: thread to bottom of threads for ease of installation of the Strut Assemble.
2. Delrin Washer
3. CoilSpring
4. CoilSpring Adjuster Nut Locking Screw: leave screw loose until final adjustment is completed.

### Upper Strut Assembly



9. Remove the Adjuster Knob from the Strut shaft for assembly. With the CoilSpring installed on the Strut, bolt the strut assembly into the upper mount (A), see diagram 11 for assembly order.

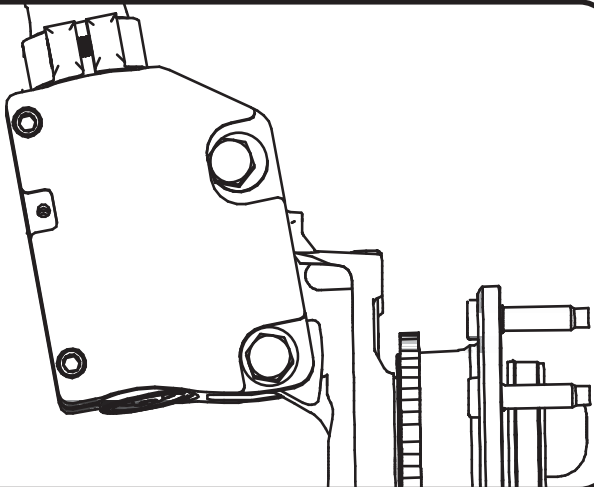
1. Delrin CoilSpring Washer
2. Upper CoilSpring Cap
3. CoilSpring Cap Retaining Ring (Installed On #4 CoilSpring to Bearing Adapter)
4. CoilSpring to Bearing Adapter
5. Torrington Bearing Races
6. Torrington Bearing
7. Bearing Adapter (Small Diameter Up)
8. Upper Mounting Bearing Snap Ring
9. Upper Mounting Bearing
10. 9/16" Locknut

Assemble components and install into upper mount tightening upper nut. Reinstall upper adjustment knob.



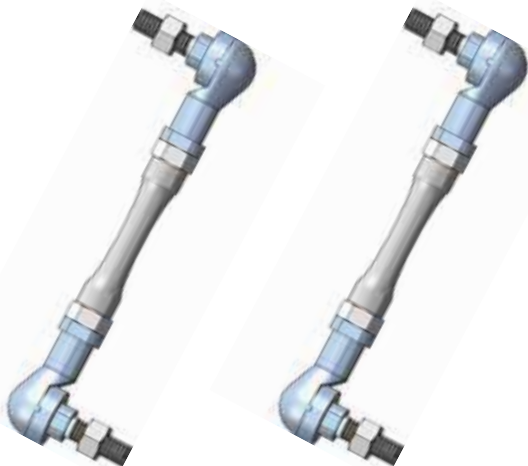
### Assembly

10.



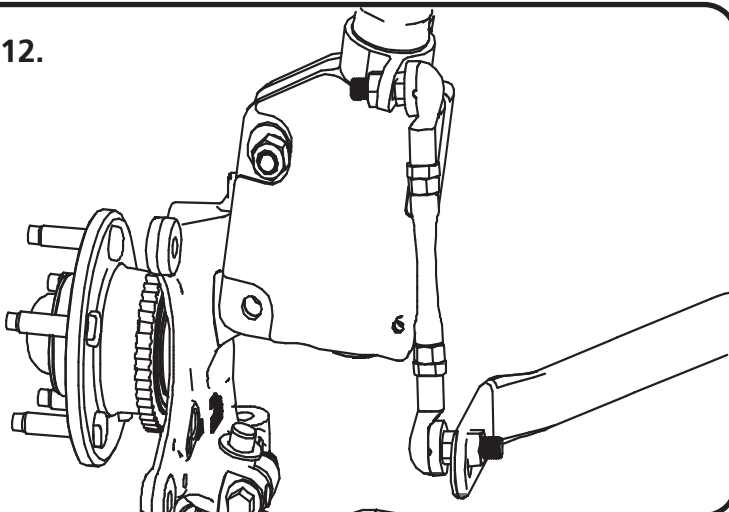
10. Slide the lower strut mount onto the spindle reusing the Factory hardware in the lower mounting hole. Insert the supplied Camber bolt into the top hole.

11.



11. Attach the PosiLinks between the strut and Sway bar using the 12mm Nylok Nut.

12.



12. The Posilink mounts with the stud on the Strut pointing outward, and the stud on the Sway bar pointing in.

**Note:** Image is viewing the strut from rear of the vehicle.



### Final Assembly

13. Attach the brake line to the Strut using the Factory hardware.
14. Route the Airline to the Air Spring. When hooking up the Airline be sure that you can turn the steering from lock to lock with out tugging on the Airline. This situation will eventually cause the line to leak.
15. Repeat previous steps on Passenger side.
16. With Both sides installed, slowly lower the car to the ground to check ride height. It may be necessary to tighten the Adjusting nut (Also known as preloading the CoilSpring) to achieve proper ride height. To do this you will need to loosen the Adjuster Nut Locking Screw and tighten the Adjuster Nut to put PreLoad into the Coil-Spring. Once the correct ride height is achieved tighten the Locking Screw in the lower Adjuster nut. **It may be helpful to read the section pertaining to spring preload and adjustment on Page 9.**

### Spring Adjustment and Preload

#### Ride Height

We have designed most cars to have a ride height of about 2" lower than factory. To achieve the best ride quality & handling, the shock absorber needs to be at 40-60% overall travel when the car is at ride height. This will ensure that the shock will not bottom out or top out over even the largest bumps. Measuring the shock can be difficult, especially on some front suspensions. Measuring overall wheel travel is just as effective and can be much easier. Most cars will have 4-6" of overall wheel travel. One easy way to determine where you are at in wheel travel is to take a measurement from the fender lip (center of the wheel) to the ground. Then lift the car by the frame until the wheel is just touching the ground, re-measure. This will indicate how far you are from full extension of the shock. A minimum of 1.5" of extension travel (at the wheel) is needed to ensure that the shock does not top out. If you are more than 3" from full extension of the shock then you are in danger of bottoming out the shock absorber.

#### Adjusting Spring Height

When assembling the CoilOver, screw the spring retainer tight up to the spring (0 preload). After entire weight of car is on the wheels, jounce the suspension and roll the car forward and backward to alleviate suspension bind.

- If the car is too high w/ 0 preload then a smaller rate spring is required. Although threading the spring retainer down would lower the car, this could allow the spring to fall out of its seat when lifting the car by the frame.
- If the car is too low w/ 0 preload, then preload can then be added by threading the spring retainer up to achieve ride height. On 2.6" - 4" stroke shocks, up to 1.5" of preload is acceptable. On 5-7" stroke shocks, up to 2.5" of preload is acceptable. If more preload is needed to achieve ride height a stiffer spring rate is required. Too much preload may lead to coil bind, causing ride quality to suffer.



### Strut Adjustment

#### Strut Adjustment 101- Single Adjustable

##### Rebound Adjustment:

How to adjust your new struts.

The rebound adjustment knob is located on the top of the Strut protruding through the upper mount.

You must first begin at the ZERO setting, then set the shock to a soft setting of 20.



-Begin with the Strut adjusted to the ZERO rebound position (full stiff). Do this by rotating the rebound adjuster knob clockwise until it stops.

-Now turn the rebound adjuster knob counter clock wise 20 clicks. This sets the shock at 20. (settings 21-24 are typically too soft for street use).

##### Take the vehicle for a test drive.



-If you are satisfied with the ride quality, do not do anything, you are set!

-If the ride quality is too soft increase the damping effect by rotating the rebound knob clock wise 3 clicks.

##### Take the vehicle for another test drive.



-If the vehicle is too soft increase the damping effect by rotating the rebound knob clock wise 3 additional clicks.

-If the vehicle is too stiff rotate the rebound adjustment knob counter clock wise 2 clicks and you are set!

Take the vehicle for another test drive and repeat the above steps until the ride quality is satisfactory.

##### Note:

**One end of the vehicle will likely reach the desired setting before the other end. If this happens stop adjusting the satisfied end and keep adjusting the unsatisfied end until the overall ride quality is satisfactory.**



### Part # 12156110 - 2005 up Mustang HQ Rear CoilOvers

#### Recommended Tools



## 2005 up Mustang HQ Series Rear CoilOvers

# Installation Instructions

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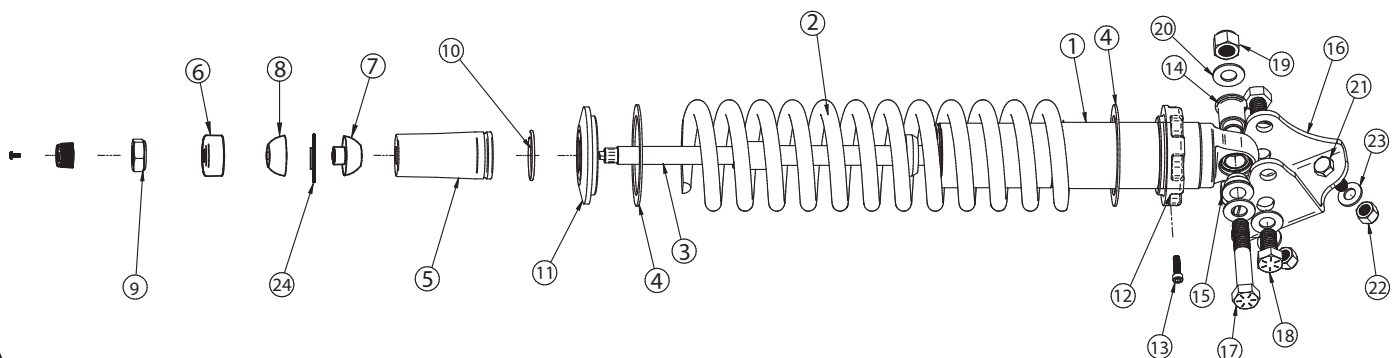
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- Page 12-13.. CoilOver Assembly
- Page 14-15.. CoilOver Installation
- Page 16-17.. Shock Adjustment





### Major Components .....In the box

Item	Part #	Description	QTY
1	803-00-199	5.2" Stroke HQ Series Shock	2
2	59120225	12" 225lb CoilSpring	2
3	90009993	3.75" Stud Top	2
4	70010828	Delrin CoilSpring Washer	4
5	90002447	3.75" Stud Top Base	2
6	90001902	Aluminum Cap for Delrin Ball	2
7	90001903	Lower Delrin Ball Half	2
8	90001904	Upper Delrin Ball Half	2
9	99562003	9/16-18" Nylok Nut	2
10	803-00-199(kit)	CoilSpring Plate Retaining Ring (803-00-199 kit)	2
11	803-00-199(kit)	Upper CoilSpring Retaining Plate (803-00-199 kit)	2
12	803-00-199(kit)	Lower Spring Adjuster Nut (803-00-199 kit)	2
13	803-00-199(kit)	Adjuster Nut Locking Screw (803-00-199 kit)	2
14	90002462	Inner (WIDE) Lower Shock Spacer	2
15	90002043	Outer (NARROW) Lower Shock Spacer	2
16	90002458	Driver Lower Shock Mount	1
16	90002459	Passenger Lower Shock Mount (Not Shown)	1
17	99501004	1/2"-13 x 3" Hex Bolt (Lower Shock Bolt to Mount)	2
18	99501001	1/2"-13 x 1" Hex Bolt (Lower Mount to Axle)	4
19	99502001	1/2"-13 Nylok Nut (Lower Shock & Mount Bolts)	6
20	99503001	1/2" SAE Flat Washer	8
21	99371004	3/8"-16 x 1 1/4" Hex Bolt (Lower Mount to Axle)	4
22	99372002	3/8"-16 Nylok Nut	4
23	99373003	3/8" SAE Flatwasher	4
24	90000582	T-Bushing	2
	90001995	Bearing Snap Ring (Installed in Shock Body)	4
	90001994	5/8" ID Bearing (Installed in Shock Body)	2





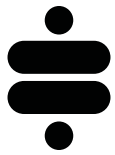
### Getting Started and Disassembly

Congratulations on your purchase of the Ridetech Mustang CoilOver System. This system has been designed to give your Mustang excellent handling along with a lifetime of enjoyment. The CoilOver System provides flexibility that can not be achieved with Conventional CoilSprings. The CoilOver System will give you the flexibility of adjusting your ride height along with numerous spring options to dial in your ride quality to your personal preference.

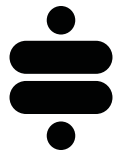
#### **This CoilOver System is Designed to replace the factory Shock and CoilSprings.**

1. The rear OEM Shocks, Bumpstops and CoilSpring will need to be removed from the Rear of the car.
2. Raise the vehicle and support it by the frame allowing the suspension to hang freely. Be sure the rear differential will be able to swing down to get the rear springs out.
3. Place a jack under the center of the rear differential and raise it up to the point the jack is touching the rear differential. Be sure that the car is high enough that you will be able to lower the jack supporting the rear differential to remove the Coilsprings.
4. Pull the carpet on the sides of the trunk to expose the upper shock attaching nut and remove the nut.
5. Unbolt the lower shock from the shock mounting bracket.
6. Lower the jack slowly to remove the tension of the Coilspring. Pay attention to the brake line and ABS wire that you don't damage them when lowering the differential
7. With the springs loose, remove the from the car.
8. Remove the OEM bumpstop from the rear differential.
9. Remove the plastic cap from the differential in the factory coilspring location

Refer to the next page for coil-over assembly.



# COILOVER ASSEMBLY INSTRUCTIONS



**1.** Thread the preload adjustment nut onto the shock from the bottom (Figure 1). A few threads of engagement is ok for now.



Figure 1

**2.** If it has not been removed already, remove the small plastic shipping spacer in the split of the adjustment nut (Figure 2).



Figure 2

**3.** Slide a Delrin washer over the shock and onto the adjustment nut (Figure 3).

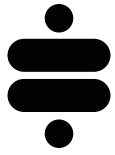


Figure 3

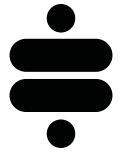
**4.** Slide the coil spring over the shock, onto the adjustment nut (Figure 4).



Figure 4



# COILOVER ASSEMBLY INSTRUCTIONS



**5.** Slide a Delrin washer over the stud top and place on top of the coil spring, followed by the upper spring mount (Figure 5).



Figure 5

**6.** Slide the retainer clip over the adjustment knob and into the groove at the bottom of the stud top base. Make sure it snaps into place and is fully seated in the groove (Figure 6).



Figure 6

**7.** Thread the adjustment nut up the shock body to remove the slack and secure the spring and upper mount against the stud top base. Install the locking screw in the adjustment nut, but do not tighten yet (Figure 7). This screw will be tightened after your preload has been set.



Figure 7

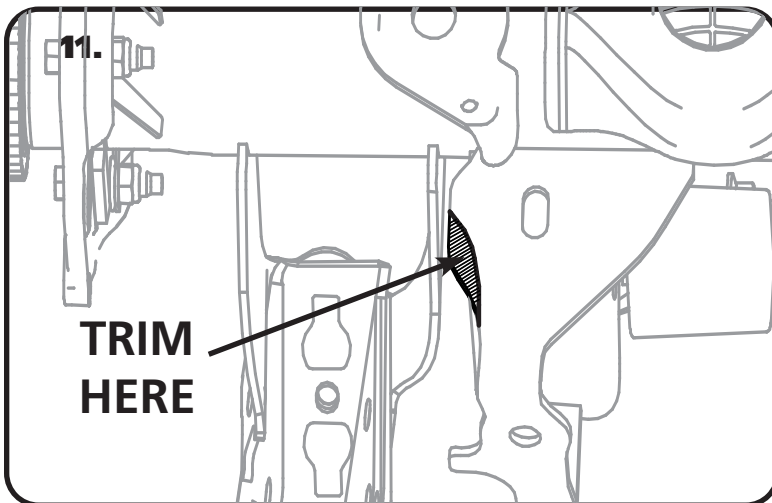
**8.** Your assembled coilover is ready to be installed on the vehicle.



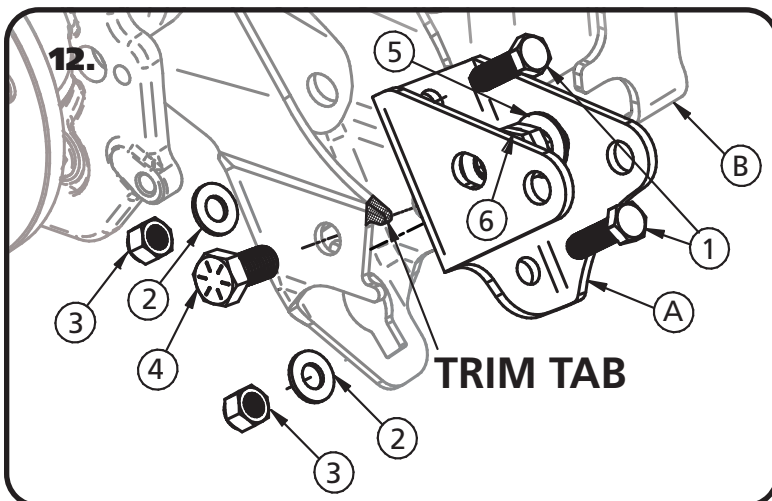
Figure 8



### CoilOver Installation



**11.** Before installing the CoilOvers it is necessary to do some trimming on the rear differential brackets for clearance. The corner of the panhard mount on the drivers side needs to be clearanced like seen in Figure #11.



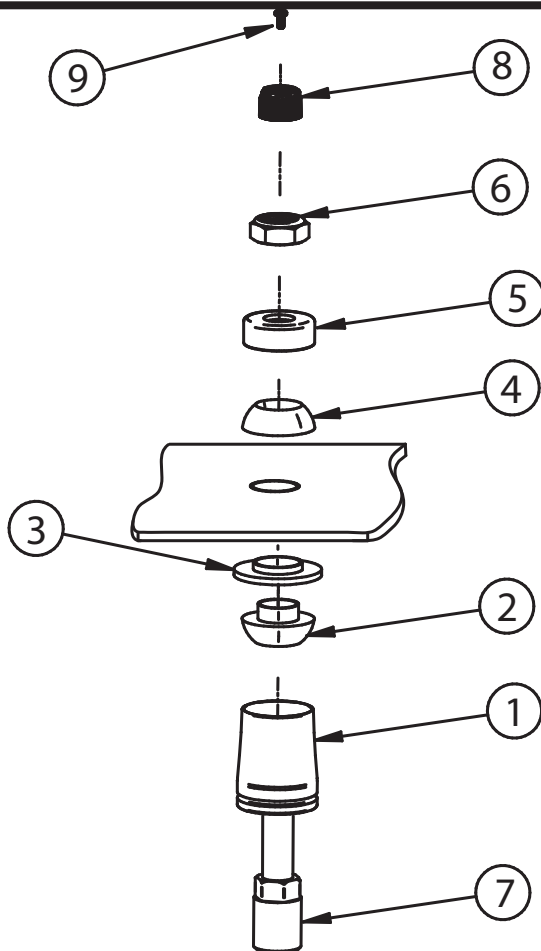
**12.** Trim the tab shown in the illustration. Insert the new Lower Shock Mount (A) into the OEM Shock Mount (B). Attached the Mount using 3/8" x 1 1/4" (1) Bolts in the front face of the bracket. Install a 3/8" Flat Washer (2) and 3/8" Nylok Nut (3) onto the bolts. Insert a 1/2" x 1" Hex Bolt (4) through the OEM shock mounting hole. Install a 1/2" Flat Washer (5) and 1/2" Nylok Nut (6) onto the Bolt. Tighten all Hardware.

**Note:** The 1/2" Bolts must be install with the Nylok Nuts in the inside of the bracket.



### CoilOver Installation

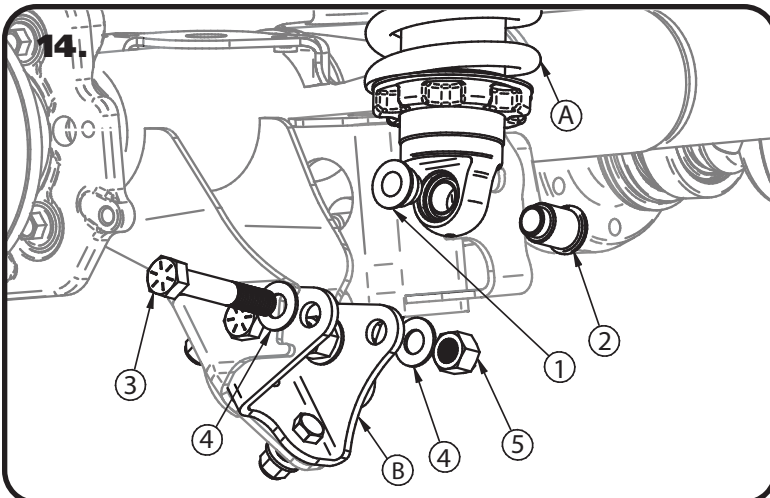
13.



13. Place the coil-over into the original shock location with the stud sticking through the OEM shock hole. See Figure 3. Tighten the 9/16" nut snugly against the top cap (#5). Do not over tighten. You should still be able to articulate the shock by hand. We torque the nut to 80 in-lbs using a 7/8" crowfoot wrench.

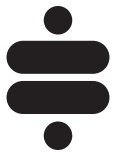
1. Stud top aluminum base
2. Delrin ball lower half
3. T-Bushing Adapter
4. Delrin ball upper half
5. Aluminum cap
6. 9/16" SAE Nylok jam nut
7. Threaded stud (screwed onto shock shaft)
8. Rebound adjusting knob
9. Screw

14.



14. Install the CoilOver(A) in the OEM lower shock mount(B) using a Narrow Spacer(1) on the wheel side of the shock, and a Wide Spacer(2) on the inner side of the shock. Slide the shock into the stock mounting location. It may be necessary to use the jack and raise the differential to align the mounting holes. With the mounting holes aligned, insert a 1/2"-13 x 3" Bolt (3) and 1/2" Washer (4) through the Mount and Shock. Install a 1/2" Flat Washer (4) and 1/2"-13 Nylok Nut (5) on the Bolt and Tighten.

**Repeat the steps for the other side of the car.**

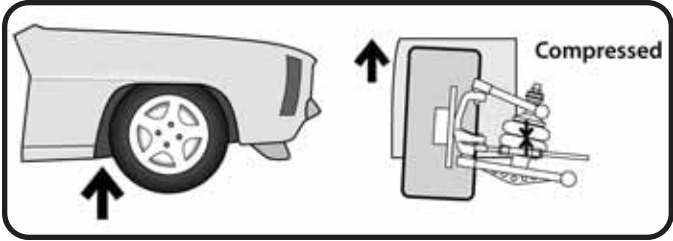


# TUNING GUIDE

## SINGLE-ADJUSTABLE SHOCKS

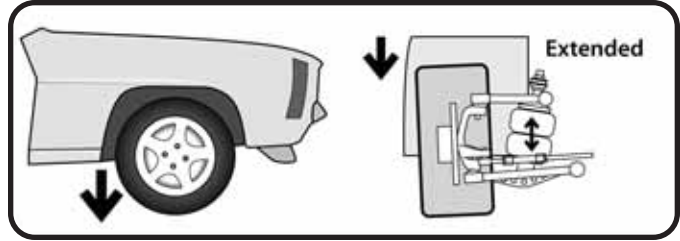


### The Basics...



#### COMPRESSION

This typically occurs when you hit a bump in the road. The bump forces the wheel/tire/suspension assembly to "compress" or move upwards into the car.



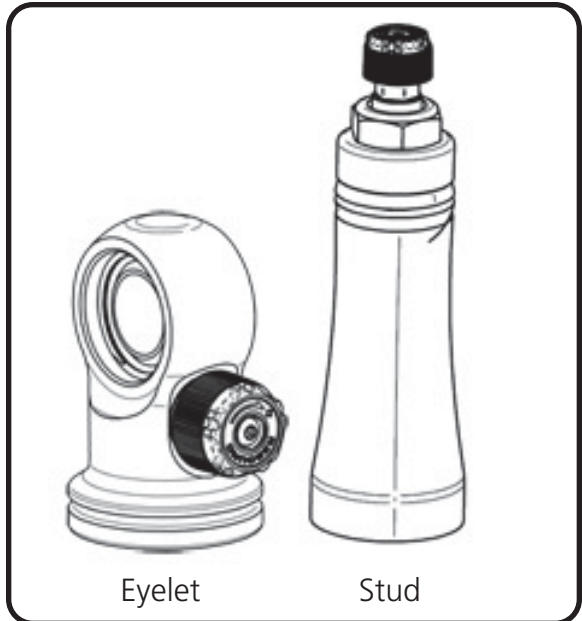
#### REBOUND

Rebound is the opposite of compression. This occurs when the wheel/tire/suspension assembly falls into a pothole, or simply "rebounds" from being compressed.

### Where Are The Knobs?

#### HQ Series Shocks

- The adjustment knob is located on the top of the shock, either protruding from the side of the eyelet, or atop the stud.
- This knob provides rebound adjustment only.



### Knob Function

Counterclockwise

=  
Softer



Clockwise

=  
Firmer





# TUNING GUIDE

## SINGLE-ADJUSTABLE SHOCKS



### Initial Rebound Setting

**NOTE:** Before jumping straight to a middle-of-the-road shock setting, we recommend you experience the full range of adjustment potential of your new shocks by first driving your vehicle at both the “full stiff” and “full soft” settings. Understanding how your shocks behave at these extremes will provide recognizable reference points as you attempt to dial in your settings.

1. Begin by setting your shocks to the “full stiff”, or minimal rebound position. You do this by turning the adjustment knob clockwise until it stops.

2. Now turn the adjustment knob counterclockwise 12 clicks. This is the approximate center of the adjustment range.

3. Take the vehicle for a test drive. Try to determine if you are experiencing any of the unwanted behaviors found at the extremes of the adjustment range. If you are satisfied with the ride quality and handling, you’re all set. Enjoy the ride!

4. If the vehicle feels too “floaty” or soft, turn the knob a few clicks clockwise to increase the damping effect.

If the ride quality is still too harsh or stiff, turn the knob a few more clicks counterclockwise to decrease the damping effect.

5. Take the vehicle for another test drive. If necessary, repeat the steps above until your desired optimal ride quality has been achieved.



### General Guidelines

- The rear shocks typically have the most influence on ride quality. This is due to your seating position being closer to the rear than the front.
- Adjustments to the front shocks will generally require 3-4 clicks in any direction to be noticeable, while adjustments to the rear shocks may only require 1-2 clicks to be felt.
- Don’t be afraid to turn the knobs and experience the full adjustment range. You are not going to hurt anything and you can always go back if you adjust too far one way or the other.